



Blue Care  
Network  
of Michigan

Confidence comes with every card.®

## Blue Care Network of Michigan — Member Guide

2023 - 2024

# University of Michigan Domestic Student Health Plan

**M** UNIVERSITY OF MICHIGAN

[bcbsm.com/umich](https://bcbsm.com/umich)

# Quick Reference

## IMPORTANT OR FREQUENTLY USED PHONE NUMBERS

Phone numbers, as well as mail and online options, are listed throughout the book as contact information.

### **Customer Service: 1-800-287-4103, TTY: 711**

*(8 a.m. to 5:30 p.m. Monday through Friday)*

Talk to a representative about your plan or benefits.

### **Behavioral Health Services: 1-800-482-5982**

Talk to a behavioral health manager in an emergency about issues that cause emotional or mental distress, including substance use disorder issues.

### **Care while you travel:**

#### **BlueCard®: 1-800-810-BLUE (2583)**

Find a doctor, urgent care facility or hospital that participates in BlueCard, our care program when you're away from Michigan, but still within the U.S.

## **Register for your Blue Cross member account**

It's easy and secure. Register one of these ways:



Go to [bcbsm.com/register](https://bcbsm.com/register).



Download our app at [bcbsm.com/app](https://bcbsm.com/app).



Text REGISTER to 222764.\*

## **Your BCN plan information at your fingertips**

- Access your virtual ID card from your mobile device
- See your coverage information like out-of-pocket and deductible balances depending on your plan.
- Search for doctors and hospitals in your plan's network

\*Message and data rates may apply. Visit [bcbsm.com](https://bcbsm.com) for our *Terms and Conditions of Use* and *Privacy Practices*.

# Welcome

The University of Michigan offers its students access to a UM-sponsored student health plan, provided through Blue Care Network. Blue Care Network is a nonprofit subsidiary of Blue Cross Blue Shield of Michigan that offers health plans through an extensive network across Michigan.

## UNIVERSITY HEALTH SERVICE

All currently enrolled UM students on the Ann Arbor campus who pay the health service fee as part of tuition are eligible for services at UHS, and do not pay the Domestic Student Health Plan office visit copay when seen at UHS. When appropriate, UHS can bill your insurance for services not supported by the health service fee, such as medications, certain immunizations, laboratory testing, radiology and eye care.

### University Health Service

207 Fletcher Street  
Ann Arbor, MI 48109-1050

*For hours of operation and services provided:*

**734-764-8320**  
[uhs.umich.edu](https://uhs.umich.edu)

### Dearborn Campus

To view a listing of providers that participate in the BCN network in the Dearborn area visit [bcbsm.com/find-a-doctor](https://bcbsm.com/find-a-doctor) and search under the *University of Michigan Domestic Student Health Plan*.

### Flint Campus

To view a listing of providers that participate in the BCN network in the Flint area visit [bcbsm.com/find-a-doctor](https://bcbsm.com/find-a-doctor) and search under the *University of Michigan Domestic Student Health Plan*.

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# Enrollment

## Coverage Periods

**Students:** Coverage periods are below. Coverage will become effective at 12:01 am on the Coverage Start Date indicated below and will terminate at 11:59 pm on the Coverage End Date indicated.

**Eligible Dependents:** Coverage will become effective at 12:01 am on the Coverage Start Date indicated below and will terminate at 11:59 pm on the Coverage End Date indicated. Coverage for insured dependents terminates in accordance with the Termination Provisions described in the *Certificate of Coverage*. Student must have coverage for their dependents to be eligible.

Coverage Period	Coverage Start Date	Coverage End Date	Enrollment Deadline
Annual	08/24/2023	08/23/2024	09/30/2023
Winter	01/01/2024	08/23/2024	01/31/2024
Spring/Summer	05/01/2024	08/23/2024	05/31/2024

## Rates

The rates below include both premiums for the Plan underwritten by Blue Care Network, as well as University of Michigan administrative fee.

	Annual	Winter	Spring/Summer
Student Only	\$2,510.04	\$1,673.36	\$836.68
Student +1 Dependent	\$4,954.08	\$3,302.72	\$1,651.36
Student + 2 or more Dependents	\$7,398.12	\$4,932.08	\$2,466.04

## Annual Installment Option

**THE PLAN IS AVAILABLE TO THOSE WHO ENROLL FOR THE ENTIRE POLICY YEAR PRIOR TO 09/30/2023.** You may elect the Annual Installment Option, which consists of three payments throughout the annual enrollment period. **Premium payments for Period 2 and Period 3 will AUTOMATICALLY be charged to the same form of payment used for Period 1.** An email notification will be sent 14 days prior to the premium being charged to your credit card for Period 2 and Period 3. In the event that your credit card is denied, you will be given the opportunity to provide alternate payment details, but this must be received no later than the deadline as listed below. **No late enrollment is allowed.**

Once the Annual Installment Option has been elected, there are no cancellations, early termination, or refunds other than those described in the Student Coverage section of this document. In order to be eligible for the Annual Installment option, your first payment must be received by midnight on or prior to 9/30/23.

	<b>Annual Installment Option Period 1 08/24/23 - 01/31/24 Enrollment/Payment Deadline: 09/30/23</b>	<b>Annual Installment Option Period 2 02/01/24 - 05/31/24 Payment Date: 01/15/24</b>	<b>Annual Installment Option Period 3 06/01/24 - 08/23/24 Payment Date: 05/15/24</b>
<b>Student Only</b>	\$1,047.35	\$835.68	\$627.01
<b>Student +1 Dependent</b>	\$2,065.70	\$1,650.36	\$1,238.02
<b>Student + 2 or more Dependents</b>	\$3,084.05	\$2,465.04	\$1,849.03

## Student Coverage

### Eligibility

Any UM student enrolled in classes or a student not enrolled but between semesters (e.g., Spring/Summer Session). This includes the following:

- Undergraduate students, graduate students, currently enrolled students, (also called registered students or students taking regular classes)
- All graduate students or doctoral candidates who may not be taking credit hours but are completing requirements necessary to graduate (writing thesis, preparing dissertation, studying for prelims, studying abroad, on detached study, pre-doctoral candidates, etc.) are eligible to purchase the current policy year Student Health Plan.
- Visiting scholars and students with dual citizenship who are not eligible for international health coverage
- All international students and visiting scholars attending the Ann Arbor, Dearborn, and Flint campuses are eligible to enroll in this plan.
- A University of Michigan student who is on an approved medical leave of absence but has purchased the health plan prior to the event causing leave (Coverage for leave cannot extend beyond one policy year past the current year enrolled for classes).
- Non-University of Michigan sponsored J1 Visa students or scholars
- Greencard holders who meet the above qualifications
- Spouses, unmarried domestic partners of any gender, and children under 26 of students who are enrolled in the plan.

Eligibility is subject to verification by Blue Care Network through the University to ensure student registration. Students enrolled in this Plan who do not meet the eligibility requirements listed above will be contacted and removed from the Plan. If it is discovered that this eligibility requirement has not been met, our only obligation is to refund premium, less any claims paid.

Students not eligible to participate in the plan include those who do not meet any of the eligibility requirements listed above, as well as those who graduated during the 2022-23 academic year and those who are not taking classes in the fall of 2023.

**A pro-rata refund of unearned premium will be available only upon our receipt of written notification that the following has occurred:** (a) the insured has entered full-time active duty military service; (b) the insured has become covered by another U-M sponsored domestic health plan; (c) the insured who is a non-immigrant foreign national has left the North American continent; or (d) a covered dependent obtains eligible student status at the University, or (e) a U of M grad is offered insurance through their employer.

**Once you choose to purchase the Plan, the premium paid is nonrefundable for any reason other than those listed above.** Refunds/termination of coverage will not be provided under the following (but not limited to) scenarios: (a) graduation, if such graduation occurs during the policy year (i.e., December, May, etc.); (b) eligibility under another individual health plan nor group health plan (except a U-M sponsored domestic health plan, as stated above); (c) loss of student status due to academic disqualification.

## Enrollment

To enroll online for this voluntary coverage, visit [bcbsm.com/umich](https://bcbsm.com/umich). Follow the instructions to complete the online enrollment application with BlueWater Insurance. You must have a UM Student ID to enroll.

After the enrollment deadlines listed in the Coverage Periods section of this document, only those students who have involuntarily lost health coverage through a Qualifying Life Event such as (1) removal from a parent's health plan after achieving a landmark birthday that disqualifies them from a parent's health plan, or (2) losing private health coverage through loss of employment or divorce, may apply for late enrollment in the University of Michigan Student Health Plan. These students must provide proof that they have lost health coverage through another group (certificate and letter of ineligibility) within 31 days of the qualifying event. Any application or request beyond 31 days from the qualifying event will not be accepted. Premiums are pro-rated daily, and the student will be responsible for paying full premium for the term in which they enroll from the day they enroll to the end of the coverage period. Coverage under the University Student Health Plan will be effective the day after the prior coverage terminates. For more information regarding qualifying events, or to enroll dependents due to a qualifying event, visit [bcbsm.com/umich](https://bcbsm.com/umich).

## Dependent Coverage

### Eligibility

Covered students may also enroll their lawful spouse, domestic partner (same-sex, opposite sex), and dependent children up to the age of 26.

### Enrollment

To enroll the dependent(s) of a covered student online, visit [bcbsm.com/umich](https://bcbsm.com/umich), or call customer service at **1-800-287-4103** and request an Enrollment Form be sent in the mail. Please refer to the Coverage Periods section of this document for coverage and deadline dates. Dependent enrollment applications will not be accepted after the enrollment deadline, unless there is a significant life change that directly affects their insurance coverage (an example would be loss of health coverage under another health plan).

To add a dependent (including spouse/domestic partners) due to a birth, death, adoption or a change in marital status, the dependent must be enrolled within 31 days of the qualifying event. For more information regarding qualifying events, or to enroll dependents because of a qualifying event, contact Blue Care Network at **1-800-662-6667**.



## Medicare Eligibility Notice

You are not eligible for health coverage under this student policy if you have Medicare at the time of enrollment in this student plan.

If you obtain Medicare after you enrolled in this student plan, your health coverage under this plan will not end.

As used here, “have Medicare” means that you are entitled to benefits under Part A (receiving free Part A) or enrolled in Part B or Premium Part A.

# Your primary care provider

## YOUR CONNECTION TO CARE

### Primary care

When you enroll in the University of Michigan Domestic Student Health plan and are a student on the Ann Arbor campus, Blue Care Network will assign you a University Health Service primary care provider, who's based on the Ann Arbor campus. Students on the Dearborn and Flint campuses will be assigned a Blue Care Network contracted provider in your area. You can change your PCP at any time by logging in to your account at [bcbsm.com](https://bcbsm.com).

Students are not required to get a referral prior to receiving services, but may be required to get an authorization from their primary care provider for select services. To see a list of services that require an authorization, visit [bcbsm.com/importantinfo](https://bcbsm.com/importantinfo) and select *Approving covered services*.

# What you pay

## KEY TERMS

### Balance billing

Occurs when a provider bills you for the difference between their charge and the BCN approved amount. You're responsible for amounts charged by out-of-network providers that exceed the approved amount. Balance billed charges do not apply towards your out-of-pocket maximum.

### Covered services

Health care services, prescription drugs and equipment or supplies that are medically necessary, meet requirements and are paid in full or in part by your plan.

### Copayment (or copay)

A fixed dollar amount you pay each time you get certain types of care (for example, \$20 for a visit to your PCP).

### Coinsurance

Your share of the costs of a covered service, calculated as a percentage (for example, you pay 10% of the BCN-approved amount, and BCN pays 90%).

### Deductible

The amount you must pay for most health care services before BCN begins to pay. The deductible may not apply to all services.

### Out-of-pocket maximum

The most you may have to pay for covered health care services during the year. The out-of-pocket maximum includes your medical and pharmacy deductible, copays and coinsurance.

# Medical supplies and lab services

## SPECIAL MEDICAL ITEMS

Sometimes, when you're recovering from an operation or an illness, you may need special equipment, such as a wheelchair or oxygen tank, to maintain your quality of life. These types of items are called **durable medical equipment**.

Your doctor will tell you what you need and write a prescription. BCN only covers basic equipment that you can use at home. If the equipment you want has special features that aren't medically necessary or are considered a luxury, you can choose to pay the cost difference between the basic item and the one with special features.

Northwood Inc.\* works with BCN to provide durable medical equipment as well as prosthetic and orthotic appliances for members.

To locate a Northwood provider near you, call Northwood at [1-800-667-8496](tel:1-800-667-8496). Representatives are available from 8:30 a.m. to 5:30 p.m. Monday through Friday. On-call associates are available after business hours.

### Diabetic supplies

J&B Medical Supply Company\*\* partners with BCN to provide diabetic materials, including insulin pumps and blood glucose meters.

For more information, call J&B Customer Service at [1-888-896-6233](tel:1-888-896-6233).

\*Northwood is an independent company that provides durable medical equipment for Blue Care Network of Michigan.

\*\*J&B Medical Supply Company is an independent company that provides diabetic materials for Blue Care Network of Michigan.

## LAB SERVICES

BCN contracts with Joint Venture Hospital Laboratories\*\*\*, also known as JVHL, to provide clinical laboratory services throughout Michigan. This gives you access to more than 80 hospitals and 200 service centers that provide 24-hour access and a full range of laboratory services.

The laboratory at the University Health Service is a JVHL approved lab.

For information about lab services near you, call [1-800-445-4979](tel:1-800-445-4979).

\*\*\*JVHL is an independent company that provides lab services for Blue Care Network of Michigan.

# Behavioral health coverage

## CARE FOR YOUR MIND AND YOUR BODY

All Blue Care Network members are covered for behavioral health services, including mental health or substance use disorder care. Also covered are other types of conditions that cause emotional or mental distress such as life adjustment issues, depression and alcoholism.

### Call on a care manager

For routine care issues, you can reach a care manager from 8 a.m. to 5 p.m. Monday through Friday at **1-800-482-5982**. TTY users call **711**.

The care manager will evaluate your needs and arrange for the appropriate services. Rest assured that your personal health information, including discussions you have with the care manager, are confidential.

### In case of an emergency

Care managers are available 24 hours a day, seven days a week for behavioral health emergencies at **1-800-482-5982**.

### Getting care out of network

If you're receiving treatment from a behavioral health professional located in the state of Michigan who's not contracted with BCN, you or your health care provider must request authorization from Behavioral Health Services (**1-800-482-5982**). BCN must approve the request for care to be covered.

Outpatient treatment received from behavioral health professionals located outside of Michigan does not require BCN authorization for care to be covered.

# Care Management

## CARE TO IMPROVE YOUR QUALITY OF LIFE

We have a free health management program that's designed to help you stay healthy, get better or improve your quality of life while living with an illness. This program gives you information, tools and assistance to help you make good health care choices while making the most of the benefits you're paying for.

### Coordinating your care

Managing your care can sometimes be difficult and overwhelming. Our case managers can help you stay on track by coordinating all of your care and working closely with you and your doctor. He or she will also:

- Remind you of needed screenings, lab tests and other services
- Review care instructions provided by your doctor
- Remind you of upcoming appointments
- Answer questions about your benefits
- Identify benefits to get appropriate care
- Arrange for durable medical equipment if needed
- Help find specialists and other providers
- Provide support after surgery and hospitalization

### Specialized support for you

Know that you're not alone. Many of our case managers are specialists who can assist you with:

- Complex conditions
- Neonatal care
- High-risk pregnancy
- Oncology

# Your drug benefit

## PRESCRIPTION DRUG COVERAGE

For information about what you pay when you fill a prescription, log in to your account at [bcbsm.com](https://bcbsm.com). Then click on *Coverage* under *Manage my plan*. See also Page 18 in this booklet for your drug benefit copayment information.

### Providing better value

Our list of drugs is grouped into categories, or tiers, with the safest and least expensive drugs in the lower tiers. Your copayment, or out-of-pocket cost, is defined by one of these tiers.

- **Preferred and Non-Preferred Generic – Lowest copayment**  
**Preferred Generics** = \$6 copay  
**Non-Preferred Generics** = \$25 copay  
These drugs are your most cost-effective option for treatment.
- **Tier 2 Preferred Brand – Higher copayment**  
**Preferred Brand** = \$50 copay  
These brand-name drugs cost more because there's no generic equivalent.
- **Tier 3 Non-Preferred Brand – Covered with copayment**  
**Non-Preferred Brand** = \$80 copay  
These drugs aren't on our list of approved drugs. You may pay the entire cost of these drugs.
- **Preferred and Non-Preferred Specialty – Covered with coinsurance**  
**Preferred Specialty** = 20% coinsurance of the BCN approved amount (max \$200)  
**Non-Preferred Specialty** = 20% coinsurance of the BCN approved amount (max \$300)  
These drugs treat complex and chronic conditions and require special handling.

### Go generic

Generic drugs are made with the same active ingredients as their brand-name equivalents, making them safe and effective treatment options. Because they cost much less than brand-name drugs, your prescription will automatically be filled with a generic drug when medically appropriate.

### Drug management ensures safety

We review certain drugs to ensure that your prescriptions are safe, affordable and appropriate.

Here are some ways we ensure safety:

- Our authorization program includes step therapy, which requires you to try one or more cost effective drugs before using a more expensive brand-name product.
- Our quantity limits review ensures that the dose prescribed for you is safe.
- Our pharmacy claims system is programmed to identify harmful drug interactions.

# Virtual Care

You and your dependents can get fast, convenient, affordable medical and behavioral health care virtually with a doctor when your primary care provider isn't available.\*

## Convenient virtual care for body and mind

When you or someone in your plan has a minor illness, such as a cold, bladder infection, sprain or other similar condition, simply use your smartphone, tablet or computer to log in and meet face to face with a U.S. board-certified doctor online — 24 hours a day, seven days a week.

Virtual visits also give you more choices for behavioral health care. Schedule an appointment and talk to therapists and psychiatrists about anxiety, grief and other life challenges from the comfort of home.

Virtual care is most convenient when:

- Your primary care provider isn't available.
- You can't leave home or your workplace.
- You're on vacation or traveling for work.
- You're looking for affordable after-hours care.

## Sign up

**Important:** On January 1, 2024 our virtual care vendor will be changing. Blue Cross Online Visits<sup>SM</sup> will no longer be available after December 31, 2023. You'll need to sign up with our new vendor Teladoc Health<sup>TM</sup> to receive virtual care.

*Available through December 31, 2023*  
**Blue Cross Online Visits<sup>SM</sup>**

**Mobile** – Get the BCBSM Online Visits<sup>SM</sup> app

**Web** – Go to [bcbsmonlinevisits.com](https://bcbsmonlinevisits.com)

**Phone** – Call **1-844-606-1608**

*Sign up beginning January 1, 2024*  
**Teladoc Health<sup>TM</sup>**

**Mobile** – Get the Teladoc Health<sup>TM</sup> app

**Web** – Go to [bcbsm.com/virtualcare](https://bcbsm.com/virtualcare)

**Phone** – Call **1-855-636-1578**

**Note:** Add your Blue Care Network health plan information during sign up. You may be charged incorrectly if you don't enter your plan information.

\*U.S. only.

# Coverage that travels

As a Blue Care Network member, you can receive benefits when you're outside of Michigan, but still in the U.S. So can your dependents. Your coverage includes BlueCard, a program of the Blue Cross and Blue Shield Association. With this program, you have nationwide access to Blue plan physicians and hospitals. For more information, call BlueCard at **1-800-810-BLUE (2583)**.

Always carry your BCN ID card for access to service. You may have to pay your usual out-of-pocket expenses (deductible, copays and coinsurance) for services. But you shouldn't have any other up-front health care expenses if you use a Blue provider.

Blue Cross, Blue Shield, the Blue Cross and the Blue Shield symbols and BlueCard are registered service marks of the Blue Cross and Blue Shield Association, an association of independent Blue Cross and Blue Shield plans.

# Benefits-at-a-Glance for UM Student Health Plan 2023-2024

This is intended as an easy-to-read summary and provides only a general overview of your benefits. **It's not a contract.** Additional limitations and exclusions may apply to covered services. For a complete description of benefits, please see the applicable *Certificate of Coverage and Riders*. Payment amounts are based on the BCN-approved amount, less any applicable deductible, coinsurance and copayment amounts required by the plan. If there's a discrepancy between this Benefits-at-a-Glance and any applicable plan documents, the plan document will control. This coverage is provided pursuant to a contract entered into in the State of Michigan and shall be construed under the jurisdiction and according to the laws of the State of Michigan.

## Note:

- When you enroll in the University of Michigan Domestic Student Health plan and are a student on the Ann Arbor campus, Blue Care Network will assign you a University Health Service primary care provider, who's based on the Ann Arbor campus. Students on the Dearborn and Flint campuses will be assigned a Blue Care Network contracted provider in your area. You can change your PCP at any time by logging in to your account at [bcbsm.com](https://bcbsm.com).
- All currently enrolled UM students on the Ann Arbor campus who pay the health service fee as part of tuition are eligible for services at UHS, and do not pay the Domestic Student Health Plan office visit copay when seen at UHS. When appropriate, UHS can bill your insurance for services not supported by the health service fee, such as medications, certain immunizations, laboratory testing, radiology and eye care.
- Balance billing occurs when a provider bills you for the difference between their charge and the BCN approved amount. You're responsible for amounts charged by out-of-network providers that exceed the approved amount. Balance billed charges do not apply towards your out-of-pocket maximum.

## Member's responsibility: deductible, copays, coinsurance and dollar maximums

**Note:** The deductible will apply to certain services as defined below.

Benefit description	BCN network	Out of network
<b>Deductible</b> <b>Note:</b> Coinsurance and select fixed dollar copays apply once the deductible has been met.	\$100 per individual/\$200 per family per benefit year	\$100 per individual/\$200 per family per benefit year
	If you use in-network and out-of-network services, separate deductible amounts apply. The deductible for in-network and the deductible for out-of-network are not combined to satisfy the deductible limit.	
<b>Fixed dollar copays</b>	\$20 for primary care provider office visits, \$20 for specialist visits, \$75 per emergency room visit, \$20 for urgent care visits	Not applicable for primary care visits; coinsurance applies for specialist visits, \$75 for emergency room visits, \$20 for urgent care visits
<b>Coinsurance</b>	10% and 20% for select services as noted below	10% and 20% for select services as noted below
<b>Annual out-of-pocket maximum</b> – applies to deductibles, copays and coinsurance amounts for all covered services – including prescription drug copays. Not included in the out-of-pocket maximum: <ul style="list-style-type: none"> <li>• Balance billed charges</li> <li>• Health care this plan doesn't cover</li> <li>• Nonauthorized service</li> <li>• Pediatric dental and vision</li> </ul>	\$3,500 per member/\$7,000 per family per benefit year	\$3,500 per member/\$7,000 per family per benefit year
	If you use in-network and out-of-network services, separate out-of-pocket maximum amounts apply. The out-of-pocket maximum for in-network and the out-of-pocket maximum out-of-network are not combined to satisfy the out-of-pocket maximum limit.	



## Member's responsibility: deductible, copays, coinsurance and dollar maximums

Benefit description	BCN network	Out of network
<b>Preventive services</b> – as defined by the Affordable Care Act and included in your <i>Certificate of Coverage</i> . Additional preventive and early detection services such as tobacco and depression screenings are included in your <i>Certificate of Coverage</i> .		
Health maintenance exam	Covered – 100%	Covered – 20% coinsurance of the approved amount after deductible
Annual gynecological exam	Covered – 100%	Covered – 20% coinsurance of the approved amount after deductible
Pap smear screening – laboratory services only	Covered – 100%	Covered – 20% coinsurance of the approved amount after deductible
Well-baby and well-child visits	Covered – 100%	Covered – 20% coinsurance of the approved amount after deductible
Immunizations-pediatric and adult	Covered – 100%	Covered – 20% coinsurance of the approved amount after deductible
Prostate specific antigen (PSA) screening – laboratory services only	Covered – 100%	Covered – 20% coinsurance of the approved amount after deductible
Routine colonoscopy	Covered – 100%	Covered – 20% coinsurance of the approved amount after deductible
Mammography screening	Covered – 100%	Covered – 20% coinsurance of the approved amount after deductible
Voluntary female sterilization	Covered – 100%	Covered – 20% coinsurance of the approved amount after deductible
Breast pumps (DME guidelines apply.)	Covered – 100%	Not covered
Routine prenatal and postnatal care	Covered – 100%	Covered – 20% coinsurance of the approved amount after deductible
<b>Physician office services</b>		
PCP office visits	Covered – \$20 copay	Not applicable
Virtual care through the BCN designated vendor	Covered – \$20 copay	Covered – 20% coinsurance of the approved amount after deductible
Consulting specialist care	Covered – \$20 copay after deductible	Covered – 20% coinsurance of the approved amount after deductible
<b>Emergency medical care</b>		
Hospital emergency room – copay waived when admitted as an inpatient	Covered – \$75 copay	Covered – \$75 copay
Urgent care services	Covered – \$20 copay after deductible	Covered – \$20 copay after deductible
Ambulance services – medically necessary ground and air service	Covered – 100% after deductible	Covered – 100% after deductible

## Member's responsibility: deductible, copays, coinsurance and dollar maximums

Benefit description	BCN network	Out of network
<b>Diagnostic services</b>		
Laboratory and pathology tests	Paid in full	Paid in full
Diagnostic tests and X-rays	Covered – 10% coinsurance after deductible	Covered – 20% coinsurance of the approved amount after deductible
Radiation therapy	Covered – 10% coinsurance after deductible	Covered – 20% coinsurance of the approved amount after deductible
High technology scans – CAT, MRI, PET; require preauthorization	Covered – 10% coinsurance after deductible	Covered – 20% coinsurance of the approved amount after deductible
<b>Maternity services provided by a physician</b>		
Routine prenatal and postnatal care	Covered – 100%	Covered – 20% coinsurance of the approved amount after deductible
Delivery and nursery care	Covered – 10% coinsurance after deductible for professional services; see Hospital Care for facility charges. Well newborn nursery care covered at 100%	Covered – 20% coinsurance of the approved amount after deductible for professional services (See Hospital Care for facility charges.)
<b>Hospital care</b>		
Inpatient hospital – facility	Covered – \$150 copay after deductible per admission; unlimited days	Covered – 20% coinsurance of the approved amount after deductible; unlimited days
Inpatient hospital – professional	Covered – 10% coinsurance after deductible	Covered – 20% coinsurance of the approved amount after deductible
Outpatient surgery – facility and professional	Covered – 10% coinsurance after deductible	Covered – 20% coinsurance of the approved amount after deductible
<b>Alternatives to hospital care</b>		
Skilled nursing care – facility; unlimited days <b>Note:</b> Must meet medical necessity guidelines for skilled care.	Covered – \$150 copay after deductible per admission	Covered – 20% coinsurance of the approved amount after deductible
Hospice care – inpatient facility; unlimited days	Covered – \$150 copay after deductible per admission	Covered – 20% coinsurance of the approved amount after deductible
Home health care	Covered – 10% coinsurance after deductible	Covered – 20% coinsurance of the approved amount after deductible
<b>Surgical services</b>		
Surgery – includes all related surgical services and anesthesia	Covered – 10% coinsurance after deductible	Covered – 20% coinsurance of the approved amount after deductible
Voluntary male sterilization (See “Preventive services” section for voluntary female sterilization.)	Covered – 10% coinsurance after deductible	Covered – 20% coinsurance of the approved amount after deductible
Elective abortion	Covered – 10% coinsurance	Covered – 10% coinsurance
Human organ transplants and related services – subject to medical criteria with preauthorization	Covered – 10% coinsurance after deductible	Covered – 20% coinsurance of the approved amount after deductible

## Member's responsibility: deductible, copays, coinsurance and dollar maximums

Benefit description	BCN network	Out of network
<b>Surgical services, continued</b>		
Reduction mammoplasty (subject to medical criteria)	Covered – 10% coinsurance after deductible	Covered – 20% coinsurance of the approved amount after deductible
Male mastectomy (subject to medical criteria)	Covered – 10% coinsurance after deductible	Covered – 20% coinsurance of the approved amount after deductible
Temporomandibular joint syndrome – includes physician's charges for treatment of TMJ including occlusal splint	Covered – 10% coinsurance after deductible	Covered – 20% coinsurance of the approved amount after deductible
Orthognathic surgery	Covered – 10% coinsurance after deductible	Covered – 20% coinsurance of the approved amount after deductible
Weight reduction procedures (subject to medical criteria) – one procedure per lifetime	Covered – 10% coinsurance after deductible	Covered – 20% coinsurance of the approved amount after deductible
<b>Behavioral Health</b>		
Inpatient mental health care <b>Note:</b> Services require preauthorization from BCN Behavioral Health Management.	Covered – \$150 copay after deductible per admission	Covered – 20% coinsurance of the approved amount after deductible
Inpatient substance use disorder care <b>Note:</b> Services require preauthorization from BCN Behavioral Health Management.	Covered – \$150 copay after deductible per admission	Covered – 20% coinsurance of the approved amount after deductible
Outpatient mental health care <b>Note:</b> Out-of-network mental health services received by Michigan providers must be preauthorized by BCN Behavioral Health Management.	Covered – \$20 copay	Covered – 20% coinsurance of the approved amount after deductible
Outpatient substance use disorder care <b>Note:</b> Out-of-network substance use disorder care received by Michigan providers must be preauthorized by BCN Behavioral Health Management.	Covered – \$20 copay	Covered – 20% coinsurance of the approved amount after deductible
<b>Autism spectrum disorders, diagnoses and treatment</b>		
Applied behavioral analyses (ABA) treatment <b>Note:</b> Services require preauthorization from BCN Behavioral Health Management.	Covered – \$20 copay	Covered – 20% coinsurance of the approved amount after deductible
Outpatient physical therapy, speech therapy, occupational therapy	Covered – \$20 copay after deductible	Covered – 20% coinsurance of the approved amount after deductible
Other covered services, including mental health services for autism spectrum disorder	See your outpatient mental health benefit and medical office visit benefit.	See your outpatient mental health benefit and medical office visit benefit.

## Member's responsibility: deductible, copays, coinsurance and dollar maximums

Benefit description	BCN network	Out of network
<b>Other services</b>		
Allergy testing, therapy and injections	Covered – 10% coinsurance after deductible	Covered – 20% coinsurance of the approved amount after deductible
Chiropractic spinal manipulation	Covered – \$20 copay after deductible; unlimited visits	Covered – 20% coinsurance of the approved amount after deductible; unlimited visits
Outpatient physical, speech and occupational therapy including habilitative services	Covered – \$20 copay after deductible; unlimited visits	Covered – 20% coinsurance of the approved amount after deductible; unlimited visits
Durable medical equipment – with preauthorization through Northwood <b>1-800-667-8496</b>	Covered – 10% coinsurance of the approved amount after deductible through BCN vendor	
Prosthetic and orthotic appliances – with preauthorization through Northwood <b>1-800-667-8496</b>	Covered – 10% coinsurance of the approved amount after deductible	
Diabetic supplies – through J&B Medical <b>1-888-896-6233</b>	Covered – 10% coinsurance of the approved amount after deductible	
Infertility – Counseling and treatment (excluding In-vitro fertilization)	Covered – 10% coinsurance after deductible on all associated costs	Covered – 20% coinsurance of the approved amount after deductible on all associated costs
Adult routine vision exam (age 19 and older) Note: BCN administers the adult routine vision exam. In Michigan: BCN contracted vision providers are considered in-network. Outside Michigan: Vision providers that participate with BlueCard are considered in-network.	Covered – \$20 copay	Covered – 20% coinsurance of the approved amount
Hearing aid	Covered – 10% coinsurance after deductible	Covered – 20% coinsurance of the approved amount after deductible
	Limited to one hearing aid per ear every 6-24 month consecutive period per benefit year	
Transplant services – eligible travel and lodging for initial transplant surgery (Member must submit receipts for reimbursement.)	\$10,000 limit Max payable \$50 per night for lodging for recipient Max payable \$50 per night for lodging per companion	
Injuries due to intercollegiate sports	Not covered	
Intramural and club sports	Covered – applicable cost share applies based on the service and location of the service	
Acupuncture in lieu of anesthesia	Not covered	

## Member's responsibility: deductible, copays, coinsurance and dollar maximums

Benefit description	BCN network	Out of network
<b>Pediatric vision</b>		
To find a pediatric vision provider near you, visit <a href="http://vsp.com">vsp.com</a> or call <b>1-800-877-7195</b> .		
<p>Eye exam – limited to one per calendar year through the last day of the year in which an individual turns age 19</p> <p>Prescription glasses – frames (chosen from a select collection) and lenses are covered once a calendar year through the last day of the year in which an individual turns age 19</p>	Covered – 100%	Covered – 100% of the approved amount
<b>Adult dental</b>	The annual benefit maximum is \$3,000 per non-pediatric member. The annual maximum is the most we will pay each benefit year for covered services to a non-pediatric member. The maximum applies separately to each non-pediatric member on your contract.	
Administered by Blue Cross Blue Shield of Michigan. For benefit questions call the dental customer service number on the back of your member ID card.	Blue Dental PPO dentists	Blue Par Select and nonparticipating dentists
	To find a PPO dentist near you, please visit <a href="http://mibluedentist.com">mibluedentist.com</a> or call <b>1-888-826-8152</b> .	
<b>Dental deductible</b>	N/A	N/A
<p><b>Class I –</b> Prior to receiving services, have your dentist contact Blue Cross Blue Shield of Michigan at the number on the back of your member ID card to verify which exams are covered.</p> <ul style="list-style-type: none"> <li>Routine oral evaluations (exams) and prophylaxes (cleanings) – twice every benefit year</li> </ul>	Covered – 100% of approved amount	Covered – 100% of approved amount
<p><b>Class II –</b></p> <ul style="list-style-type: none"> <li>Emergency palliative treatment – for temporary pain relief</li> <li>Full mouth, panoramic and periapical X-rays associated with the removal of wisdom teeth (third molars) – once every 60 months</li> <li>General anesthesia or IV sedation – for the removal of wisdom teeth</li> <li>Amalgam and resin-based composite fillings and fillings of similar materials – once per tooth and surface every 48 months for permanent teeth and once per tooth and surface every 24 months for primary teeth</li> </ul>	Covered – 90% of approved amount	Covered – 90% of approved amount
<b>Class III –</b> Extractions of wisdom teeth	Covered – 90% of approved amount	Covered – 90% of approved amount

## Member's responsibility: deductible, copays, coinsurance and dollar maximums

Benefit description	BCN network	Out of network
<b>Pediatric dental</b>		
<b>Pediatric dental</b> – Administered by Blue Cross Blue Shield of Michigan. For benefit questions call the dental customer service number on the back of your member ID card.	<b>Blue Dental PPO dentists</b>	<b>Blue Par Select and nonparticipating dentists</b>
	To find a PPO dentist near you, visit <a href="http://mibluedentist.com">mibluedentist.com</a> or call <b>1-888-826-8152</b> .	
<b>Dental deductible</b>	\$25 per member/\$75 per contract Deductible per calendar year	\$25 per member/\$75 per contract Deductible per calendar year
<b>Dental out-of-pocket maximum</b> – Applies to deductible and coinsurance amounts for covered dental services provided by Blue Dental PPO dentists. It doesn't apply to charges that exceed our approved PPO fee, services provided by non-PPO dentists or orthodontic services.	\$350 per member/ \$700 per contract per calendar year	Not applicable
<b>Class I</b> – Diagnostic and preventive services like oral exams, cleanings, fluoride, bitewing X-rays and sealants	Covered – 100% of approved amount	Covered – 100% of approved amount
<b>Class II</b> – Basic services like fillings, full-mouth X-rays, non-surgical endodontic and periodontic treatments and extractions of non-impacted teeth	Covered – 80% of approved amount after dental deductible	Covered – 80% of approved amount after dental deductible
<b>Class III</b> – Major services like crowns, surgical endodontic and periodontic treatments, oral surgery and dentures	Covered – 50% of approved amount after dental deductible	Covered – 50% of approved amount after dental deductible
Orthodontic Services	Covered – 50% of approved amount	Covered – 50% of approved amount
	Lifetime maximum limit of \$1,000	
<b>Prescription drugs</b>		
Prescription drugs – 30-day supply; a 90-day retail supply is available for 2 times the copay	Custom Select Drug List Preferred Generic – \$6 copay Non-Preferred Generic – \$25 copay Preferred Brand – \$50 copay Non-Preferred Brand – \$80 copay Preferred Specialty – 20% coinsurance (max \$200) Non-Preferred Specialty – 20% coinsurance (max \$300)	Custom Select Drug List Preferred Generic – \$6 copay Non-Preferred Generic – \$25 copay Preferred Brand – \$50 copay Non-Preferred Brand – \$80 copay
	Drugs for the treatment of sexual dysfunction, cough & cold and prenatal vitamins – Covered at the applicable tiered copay.	
	Preventive drugs including female contraceptives are covered in full for generic and single source brand names on the Custom Select Drug List. Multi-source brands are not covered.  Drugs for weight loss and compounds are not covered.  Specialty drugs are covered only when obtained from a pharmacy in the BCN Exclusive Pharmacy Network for Specialty Drugs.	
Mail order prescription drugs	Not covered	



# Valuable member resources

## Manage your plan online

At [bcbsm.com](http://bcbsm.com), managing your plan online has never been easier. With a secure member account, you'll be able to:

- Check your plan information, deductible and coinsurance levels, claims status, history and more
- Find doctors and hospitals in your plan's network, view doctor reviews from other patients and compare quality for hundreds of services using *Find a Doctor*
- Access your virtual ID card from your mobile device

## Get connected to health and well-being

Blue Cross® Health & Well-Being, powered by WebMD® Health Services, gives you access to many online programs that can help you stay healthy, get better or improve your quality of life while living with a chronic illness.

## Blue365®

As a member, you get exclusive savings on national and Michigan-based products and services for a healthy and well-balanced lifestyle, including:

- Gym memberships, fitness gear and health magazines
- Weight-loss programs, cooking classes and cookbooks
- Travel and recreation
- Lasik and eye care services, dental care and hearing aids

Cash in by showing your member ID card at participating local retailers or use an offer code online through your member account.

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A nonprofit corporation and independent licensee  
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